

Medical Women's Federation: Spring Conference 2019

The Bristol Royal Marriott, Palm Court

**Celebrating Success and Preparing for the Future:**

*finding solutions to challenges faced by women doctors and their patients*

**Provisional Programme**

**Friday 17<sup>th</sup> May 2019**

8:30am	Coffee and Registration
9:10am	Introduction and Welcome
<b>Session 1:</b>	<b>Celebrating the achievements of Medical Women and inspiring the next generation</b> <b>Chairs:</b> Dr Manjit Dhinsa and Dr Henrietta Bowden-Jones
9.15am	<b>The story of Dr Elizabeth Blackwell</b> , the first woman on the GMC Register <b>Speaker:</b> Sarah Blackmore, Funding Officer for the Elizabeth Blackwell Institute, University of Bristol
9.30am	<b>The story of Dame Rosemary Rue</b> , champion of women in medicine and pioneer of flexible training <b>Speaker:</b> Professor Wendy Savage, Obstetrician and Gynaecologist, and staunch advocate of the NHS and women's rights
9.45am	<b>Challenges and successes – medicine, career (and life in general)</b> <b>Speaker:</b> Professor Sarah Purdy, Pro Vice-Chancellor for Student Experience at the University of Bristol, Professor of Primary Care, GP, Director NIHR CLAHRC West
10.05am	<b>Discussion – Role models and mentoring; celebrating success and learning from failure</b> Write messages of thanks to the women who have inspired you #SheInspiresMe
10.15am	Abstract Presentations
10.35am	Coffee & poster viewing
<b>Session 2:</b>	<b>Post-graduate medical training: Improving the working lives of junior doctors</b> <b>Chairs:</b> Prof Bhupinder Sandhu and Dr Helen Goodyear
10.55am	<b>Changing times, challenging times; perspectives from a junior doctor</b> <b>Speaker:</b> Dr Lucy-Jane Davis, GP Registrar, Academic Public Health Doctor, BMA South West regional council chair
11.05am	<b>Petty Tortures and morale in the NHS - climate change</b> <b>Speaker:</b> Dr Joanna Poole, Anaesthetic Registrar
11.20am	<b>A time for change: improving the wellbeing of doctors in training</b> <b>Speaker:</b> Dr Holly Hardy, GP and Associate Postgraduate Dean, Severn Postgraduate Medical Education, Health Education South West
11.30am	<b>Breakout session – Junior doctor training, is it fit for the 21st Century?</b> Facilitated discussion about the problems and challenges faced by junior doctors <b>Community:</b> Dr Kirsty Alexander, GP, and Dr Holly Hardy, GP <b>Medical:</b> Dr Rajeka Lazarus, Consultant in Microbiology and Infectious Diseases and Dr Seema Srivastava, Consultant in Geriatric Medicine <b>Surgical:</b> Mrs Uma Gordon, Consultant Gynaecologist and Specialist in Reproductive Medicine, and Miss Patricia Haylock-Vize, Neurosurgical trainee

12.10pm	<p>The generated solutions will be presented to the panel, and to be used by the MWF to take forward to stakeholders nationally.</p> <p><b>Panel discussion – Junior doctors: Low morale and burnout</b>  <b>Dr Sarah Hallett</b> - Paediatric trainee, and Deputy Chair of the BMA UK Junior Doctors' Committee, Education and Training portfolio</p> <p><b>Professor Sheona MacLeod</b> – Postgraduate Medical Dean in the East Midlands, Chair of the Conference of Postgraduate Medical Deans (COPMeD), Deputy Medical Director for Education Reform at HEE and a GP</p>
12.45pm	Lunch & poster viewing
<b>Session 3</b>	<b>Supporting the health and wellbeing of doctors and students</b> Chairs: Mrs Uma Gordon and Dr Heidi Mounsey
1.45pm	<p><b>Understanding the pressures faced by students in the 21<sup>st</sup> century</b>  <b>Speaker:</b> Dr Dominique Thompson, GP, young people's mental health expert</p>
2.00pm	<p><b>Potential Solutions: Student Health App and the distrACT app</b>  <b>Speaker:</b> Dr Knut Shroeder, GP, Honorary Senior Clinical Lecturer in General Practice, Health Information Specialist and Founder, Expert Self Care Ltd.</p>
2.15pm	<p><b>Junior Doctor Welfare: A Trainee's Perspective</b>  <b>Speaker:</b> Dr Emily Barnard, GP trainee</p>
2.25pm	<p><b>The Practitioner Health Programme and GP Health Service: how we can help</b>  <b>Speaker:</b> Dr Gillian Rice, GP, Clinician for the NHS GP Health Service</p>
<b>Session 4</b>	<b>The future of healthcare</b> Chairs: Dr Rajeka Lazarus and Dr Fizzah Ali
2.45pm	<p><b>The Environment &amp; Human Health; taking action for a sustainable future</b>  <b>Speaker:</b> Dr Olivia Bush, Clinical Programme Director at the Centre for Sustainable Healthcare</p>
3.05pm	<p><b>The role of artificial intelligence in improving patient care and enhancing medical education</b>  <b>Speaker:</b> Professor Sanjay Gandhi, Professor of Radiology, Core Clinical Services Research and Innovation Lead, North Bristol NHS Trust, Head of Radiology Training University of Bristol, Chairman of British Institute of Radiology South West</p>
3.30pm	Tea & Poster viewing
<b>Session 5</b>	<b>Self-care for the Health Professional</b> Chairs: Dr Kirsty Alexander and Dr Olwen Williams
3.50pm	<p><b>This Mum Runs</b>  <b>Speaker:</b> Dr Seema Srivastava MBE, Consultant in Geriatric Medicine</p>
3.55pm	<p><b>Care of Self, Care of Others - Exploring Balance within an Integrative Medicine Model</b>  <b>Speaker:</b> Dr Elizabeth Thompson, Holistic Doctor and CEO of the new National Centre for Integrative Medicine (NCIM)  <b>Speaker:</b> Dr Duncan Still, GP, Holistic Doctor and Education Lead at NCIM and Associate Doctor at Penny Brohn UK</p>

4.40pm	<p><b>Dame Hilda Rose Lecture</b>  <b>Reflections: progress and challenges for medical women</b>  <b>Speaker:</b> <i>Professor Selena Gray, Professor of Public Health, University of the West of England</i></p>
5.10pm	<p><b>Presentations - Awarded by Dr Henrietta Bowden-Jones, MWF President</b>  <b>Chair:</b> Dr Manjit Dhinsa</p> <ul style="list-style-type: none"> <li>• Elizabeth Garrett Anderson Prize for best abstract poster and presentation</li> <li>• Katherine Branson Essay Competition 2019</li> </ul>
5.20pm	Close
5.30 – 6pm	MWF Annual General Meeting
<b>Post-Conference Run</b>	<b>Hosted by Dr Seema Srivastava and This Mum Runs</b>
<b>Evening Session</b>	<i>Palm Court, Bristol Marriott Royal Hotel</i>
7.00pm	Pre-dinner drinks
7.45pm	<p><b>Formal dinner</b>  After-dinner speaker - TBC</p>