

Medical Women's Federation: Spring Conference 2019

Palm Court, Bristol Marriott Royal Hotel, College Green, Bristol BS1 5TA

Celebrating Success and Preparing for the Future:

Finding solutions to challenges faced by women doctors and their patients

Provisional Programme

Friday 17th May 2019

8:30am	Coffee and Registration
9:10am	Introduction and Welcome
Session 1:	Celebrating the achievements of Medical Women and inspiring the next generation Chairs: Dr Manjit Dhinsa and Dr Henrietta Bowden-Jones
9.15am	The story of Dr Elizabeth Blackwell , the first woman on the GMC Register Speaker: Sarah Blackmore, Funding Officer for the Elizabeth Blackwell Institute, University of Bristol
9.30am	The story of Dame Rosemary Rue , champion of women in medicine and pioneer of flexible training Speaker: Professor Wendy Savage, Obstetrician and Gynaecologist, and staunch advocate of the NHS and women's rights
9.45am	Challenges and successes – medicine, career (and life in general) Speaker: Professor Sarah Purdy, Pro Vice-Chancellor for Student Experience at the University of Bristol, Professor of Primary Care, GP, Director NIHR CLAHRC West
10.05am	Discussion – Role models and mentoring; celebrating success and learning from failure Write messages of thanks to the women who have inspired you #SheInspiresMe
10.15am	Abstract Presentations
10.35am	Coffee & poster viewing
Session 2:	Post-graduate medical training: Improving the working lives of junior doctors Chairs: Prof Bhupinder Sandhu and Dr Helen Goodyear
10.55am	Changing times, challenging times; perspectives from a junior doctor Speaker: Dr Lucy-Jane Davis, GP Registrar, Academic Public Health Doctor, BMA South West regional council chair
11.05am	Petty Tortures and morale in the NHS - climate change Speaker: Dr Joanna Poole, Anaesthetic Registrar
11.20am	A time for change: improving the wellbeing of doctors in training Speaker: Dr Holly Hardy, GP and Associate Postgraduate Dean, Severn Postgraduate Medical Education, Health Education South West
11.30am	Breakout session – Junior doctor training, is it fit for the 21st Century? Facilitated discussion about the problems and challenges faced by junior doctors Community: Dr Kirsty Alexander, GP, and Dr Holly Hardy, GP Medical: Dr Rajeka Lazarus, Consultant in Microbiology and Infectious Diseases and Dr Seema Srivastava, Consultant in Geriatric Medicine Surgical: Mrs Uma Gordon, Consultant Gynaecologist and Specialist in Reproductive Medicine, and Miss Patricia Haylock-Vize, Neurosurgical trainee

12.10pm	<p>The generated solutions will be presented to the panel, and to be used by the MWF to take forward to stakeholders nationally.</p> <p>Panel discussion – Junior doctor training, is it fit for the 21st Century? Dr Sarah Hallett - Paediatric trainee, and Deputy Chair of the BMA UK Junior Doctors' Committee, Education and Training portfolio</p> <p>Professor Sheona MacLeod – Deputy Medical Director for Education Reform at HEE, a GP, Chair of the Conference of UK Postgraduate Medical Deans (COPMeD), Chair of Health Education England's Deans</p>
12.45pm	Lunch & poster viewing
Session 3	Supporting the health and wellbeing of doctors and students Chairs: Mrs Uma Gordon and Dr Heidi Mounsey
1.45pm	<p>Understanding the pressures faced by students in the 21st century Speaker: Dr Dominique Thompson, GP, young people's mental health expert</p>
2.00pm	<p>Potential Solutions: Student Health App and the distrACT app Speaker: Dr Knut Shroeder, GP, Honorary Senior Clinical Lecturer in General Practice, Health Information Specialist and Founder, Expert Self Care Ltd.</p>
2.15pm	<p>Junior Doctor Welfare: A Trainee's Perspective Speaker: Dr Emily Barnard, GP trainee</p>
2.25pm	<p>The Practitioner Health Programme and GP Health Service: how we can help Speaker: Dr Gillian Rice, GP, Clinician for the NHS GP Health Service</p>
Session 4	The future of healthcare Chairs: Dr Rajeka Lazarus and Dr Fizzah Ali
2.45pm	<p>The Environment & Human Health; taking action for a sustainable future Speaker: Dr Olivia Bush, Clinical Programme Director at the Centre for Sustainable Healthcare</p>
3.05pm	<p>The role of artificial intelligence in improving patient care and enhancing medical education Speaker: Professor Sanjay Gandhi, Professor of Radiology, Core Clinical Services Research and Innovation Lead, North Bristol NHS Trust, Head of Radiology Training University of Bristol, Chairman of British Institute of Radiology South West</p>
3.30pm	Tea & Poster viewing
Session 5	Self-care for the Health Professional Chairs: Dr Kirsty Alexander and Dr Olwen Williams
3.50pm	<p>This Mum Runs Speaker: Dr Seema Srivastava MBE, Consultant in Geriatric Medicine</p>
3.55pm	<p>Care of Self, Care of Others - Exploring Balance within an Integrative Medicine Model Speaker: Dr Elizabeth Thompson, Holistic Doctor and CEO of the new National Centre for Integrative Medicine (NCIM) Speaker: Dr Duncan Still, GP, Holistic Doctor and Education Lead at NCIM and Associate Doctor at Penny Brohn UK</p>

4.40pm	<p>Dame Hilda Rose Lecture Reflections: progress and challenges for medical women Speaker: <i>Professor Selena Gray, Professor of Public Health, University of the West of England</i></p>
5.10pm	<p>Presentations - Awarded by Dr Henrietta Bowden-Jones, MWF President Chair: Dr Manjit Dhinsa</p> <ul style="list-style-type: none"> • Elizabeth Garrett Anderson Prize for best abstract poster and presentation • Katherine Branson Essay Competition 2019
5.20pm	Close
5.30 – 6pm	MWF Annual General Meeting
Post-Conference Run	Hosted by Dr Seema Srivastava and This Mum Runs
Evening Session	<i>Palm Court, Bristol Marriott Royal Hotel</i>
7.00pm	<p>Pre-dinner drinks</p> <p>Formal dinner</p> <p>After-dinner speaker – Dr Helen Salisbury</p>