



MEDICAL WOMEN'S FEDERATION

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Self-Certified Professional Development Worksheet for The Medical Women Podcast

Episode 4

In episode 4, our guest is our current President, Professor Chloe Orkin. Chloe offers advice for getting started in leadership and learning how to chair a meeting. We also discuss the glass cliff and glass slipper which affect senior medical women.

What were your three main learning points from this episode?

- 1.
- 2.
- 3.

How will you change your future practice based on what you learnt?

The aim of this podcast is to support and empower as many medical women as possible.

What one thing will you do in the next week to support your own career development?

What one thing will you do in the next week to support a colleague's career development?



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Which one person will you share the podcast with this week to help support and empower them on their career journey?